

This is a design for a pub towel I wanted to make for friends who were opening their own pub. As they are of Scottish and Irish heritage, they are calling it the Shamrock and Thistle. This design is appropriate for any one with that heritage, and can be placed on pretty much anything, using any threads. Baby blanket, napkin, couch throw, handkerchief, what ever will hold still to be stitched will work. Feel free to alter

The model was stitched with DMC Perle Cottons # 5 in purple (554) and green (704). I used a crewel embroidery needle size 1. The fabric was a purchased pub towel, prewashed. Yes, this completed towel can go through the laundry.

- 1. Prewash fabric.
- 2. Transfer design anyway you want. I traced it onto tissue paper and stitched right through it.
- 3. Note: Use knots! If your towel, blouse, etc is going through the wash, don't be scared of knots!
- 4. The stems, thistle base, and Celtic knot are all stitched with outline stitch. Remember to follow the curve with the thread on the outside of the curve and the needle on the inside. Remember to leave a gap to where the threads overlap.
 - The Shamrock leaves are stitched with a blanket stitch on the outer edge, and straight stitches for the dies. I finished it with a small straight stitch at the top to join the blanket stitches with the sides evenly.
- 5. The thistle leaf is stitched with whipped chain stitch. Starting fromt he base of each line, chain up and whip back. The last chain is ended with a long stitch to give a sharp point, and that stitch is whipped as well.
- 6. The sepals and down of the thistle are stitched with lazy daisy and straight stitches. I did three stitches for the sepals at the base of the thistle, and five for the down. The purple down was stitched with long stitches. I thien filled in the down with straight stitches.
- 7. The base of the thistle was filled in with French Knots.

